

Leigh Shulman Case Study

Writing Beyond Boundaries - Embracing a Writing Identity

Client Profile

Bonnie Wolkenstein, a psychologist and poet, embarked on a dual journey of writing while maintaining her professional career. In her pursuit to enhance her poetry collection and navigate the intricacies of her writing path, she turned to Leigh Shulman's services for guidance and support. She sought out Leigh Shulman for writing coaching and mentoring.

Challenge

Bonnie grappled with questioning her writer identity and the potential influence of her poetry. The transition from a hobbyist writer to a committed author posed a challenge, leaving her uncertain about her place in the writing realm.



Approach

Initially, Bonnie's intention of attending an in-person writing retreat with Leigh in Argentina was thwarted by COVID-19 travel limitations. She adapted by embracing virtual avenues to tap into Leigh's guidance and wisdom. With a focus on honing her poetry collection and clarifying her writing persona, Bonnie actively engaged in Leigh's writing community, participating in workshops and co-working sessions to benefit from guidance and foster a sense of camaraderie.

Result:

- Under Leigh's mentorship, Bonnie published a bilingual poetry collection in Spanish and English.
- Bonnie expanded her creative horizons by leading writing retreats in Mexico, demonstrating her newfound confidence as a writer.
- Bonnie's writing journey transformed from uncertainty to clear direction, with a published book and a sense of purpose.

"Leigh's services are inspiring, grounded, and full of loving-kindness. Her unique strengths lie in fostering belief, sharing vulnerabilities, and igniting bold actions. Despite our virtual interactions, her impact on my journey is undeniable."

Conclusion

Leigh Shulman's coaching and the sense of community provided Bonnie with the tools to transform from a hesitant poet to a confident published author. Through personalized guidance, virtual support, and the power of a writing community, Leigh empowered Bonnie to embrace her identity as a writer and pursue her creative ambitions.